



Užduočių bankas

Temos pavadinimas „Present Simple or Present Continuous“

Medžiagos naudojimo tikslumas: veiksmažodžių laikų (esamojo paprastojo ir esamojo tęstinio) daryba ir vartojimas. Užduotis sudaryta iš 3 atskirų pratimų su atsakymais.

1. Užduotį sudarė anglų kalbos mokytoja metodininkė Alma Vanagienė, remiantis nuoroda: <https://en.islcollective.com/download/english-esl-worksheets/grammar/present-simple-vs-continuous-progressive-tense/present-simple-x-present-continuous/23505>

How well are we eating ?

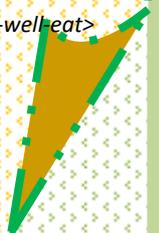
What does our food say about us ?



I - Complete the sentences with the verbs in the **PRESENT SIMPLE** or the **PRESENT CONTINUOUS** tense (see grammar notes on page 4):

- 1 In a well-used kitchen in west London, it's 6:30 pm. and Anna (cook) supper.
- 2 It.....(be) a variation on a Jamie Oliver recipe: grilled fillets of fresh pink fish.
- 3 "Anna..... (constantly - read) cookbooks", her boy friend(say)
- 4 Before he met her he thought his meals were healthy enough. He.....(look)much healthier and(feel) much better now.
- 5 Why (so many of us still - eat) so poorly these days?
- 6 Partly, of course, it's about money: healthy food, in general,(cost) more than unhealthy food .
- 7 Researchers(think) it.....(be) more often a problem of dietary imbalance than under-nourishment.
- 8 Scientists found out after a special survey that even people who (do) well financially and socially(eat) ever greater quantities of junk, fast and processed food too.
- 9 One of the reasons is that - whatever Jamie Oliver (say) - when we're tired or it's late ready meals(be) easier and quicker.
- 10 Sugary, fatty and processed foods usually..... (taste) really good.
- 11 Sheila,..... (always - cook) a meal for herself and her son, Tyrone.
- 12 "It(shock) me that some parents (not take) the time to cook," she.....(say). She (not work) full time and (get by) with her 13-year-old son on £120 a week.
- 13 At the moment, she(prepare) a chicken curry, with vegetable rice and salad, in her clean small kitchen. Generally, she.....(buy) the food she(need), spending maybe £50 a week.
- 14 On Fridays, when she(work) late, there might be a frozen ready meal. However, she(tend) to cook big the night before.

Adapted from < <http://www.guardian.co.uk/lifeandstyle/2011/may/10/britains-food-habits-well-eat>>



II - Make questions with these words. Choose the correct tense of the verb: present simple or present continuous? Then, answer the questions with short answers. Read the model.

MODEL: practical/ ready meals/ be/ but/ help / they people/ to eat/ healthily?

- Ready Meals are practical, but do they help people to eat healthily?
- No, they don't.

1. still / cook book /that/ spare/ you/ in your/ time/ write?

.....
.....



2. the Spanish and Italians/ cook/ home-made meals/ the British/ more often/ than/?

.....
.....



3. do/ an evening/still/ your mother/ in traditional / course/ British cooking?

.....
.....



4. sometimes / cook/ your own / you / dinner?

.....
.....

5. believe / ready meals/ health experts/ our health /be / good/ for/?

.....
.....

6. fruit and vegetables /try /you and your friends/this week/ / to eat/ more?

.....
.....

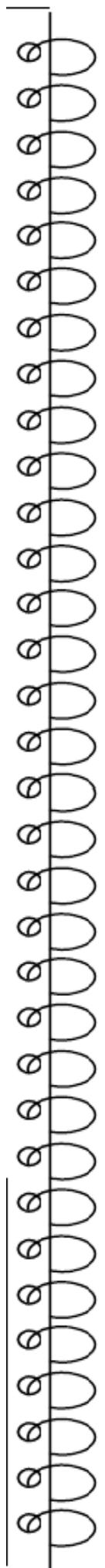


7. your mother/ fresh food /buy/online?

.....
.....

8. how / eat out / you and your family/ often?

.....
.....





III - Tick the correct sentence:

1. a. She's thinking about buying a new cooker.
b. She thinks about buying a new cooker.
2. a. I'm hearing strange noises in the kitchen, aren't you?
b. I can hear strange noises in the kitchen, can't you?
3. a. This cake is tasting so good!
b. This cake tastes so good!
4. a. Why is she smelling the fish?
b. Why does she smell the fish?
5. a. She's being too stubborn! She insists that she did nothing wrong.
b. She's too stubborn! She insists that she did nothing wrong.
6. a. Speak up! I'm not hearing you.
b. Speak up! I can't hear you.
7. a. Look at my new coat! It's feeling so soft and warm!
b. Look at my new coat! It feels so soft and warm!
8. a. Your daughter looks tired!
b. Your daughter is looking tired!
9. a. He knows what he has to do now.
b. He's knowing what he has to do now.
10. a. I need help to finish my homework today.
b. I'm needing help to finish my homework today.

Grammar Notes

Present Simple or Present Continuous?

• THE PRESENT SIMPLE describes

Habits / Routine

Do you do your homework before dinner?

Permanent Truths

Oil floats on water.

Explanations

Digital cameras display images on a screen immediately after they are recorded; they store thousands of images on a single small memory device.

• THE PRESENT CONTINUOUS describes...

...an action taking place at the moment of speaking

Can you turn off the kettle, please?
The water is boiling.

...a temporary action that is taking place around the time of speaking

How are you getting on in your new job?
She's living with us until she finds a flat.

... a changing situation

Your English is improving.

• ACTION AND STATE VERBS

1 Action/Dynamic verbs express actions you can see. They can be conjugated both in simple and continuous tenses.

2 Turn off the kettle! The water is boiling.
Water boils at 100°C.

3 State/Stative verbs show the way things are. You can't see the action. They aren't conjugated in continuous tenses. They are verbs of...

4 thought/opinion: *be, believe, think, feel, know, understand, forget, remember, recognise, agree, disagree*
emotion: *like, love, hate, prefer, want, need, mind*
possession: *have, belong, own, possess*

5 Other state verbs

6 *seem, cost, weigh, contain, equal*

7 Verbs that can be both state or action verbs. They change their form according to their meaning

8 Have as in: *She's having a bath at the moment.*
Be as in: *You're being naive* (you're behaving as if you were...)

Verbs of senses: *see, taste, smell, feel* as in
This soup tastes good . (state)
Mum is tasting the soup . (action)

Think (consider) as in: *I'm thinking about my next holiday.*

9 Use CAN with verbs which describe the senses to talk about what's happening now:

I can smell something burning in the kitchen.
Can you hear a strange noise outside?

Key

Task 1

- 1) is cooking
- 2) is
- 3) is constantly reading-says
- 4) looks - is feeling
- 5) are - so many of us still eating
- 6) costs
- 7) think-is

8. are doing - eat
9. says -are
10. taste
11. always cooks
12. shocks - don't take - says
- doesn't work - gets
by
13. is preparing-buys- needs
14. works - tends

TASK II

1. Are you still writing that cook book in your spare time?
Yes, I am/No, I'm not.
2. Do the Spanish and Italians cook home-made meals more often than the British?
Yes, they do.
3. Is your mother doing an evening course in traditional British cooking at the moment?
Yes, she is./ No, she isn't.
4. Do you sometimes cook your own dinner?
Yes, I do
5. Do health experts believe ready meals are good for your health?
No, they don't.
6. Are you and your friends trying to eat more fruit and vegetables this week?
Yes, we are./ No, we aren't.
7. Does your mother buy fresh food and groceries online?
No, she doesn't./ Yes, she does.
9. How often do you and your family eat out?
Once or twice a week/ a month.

TASK III

III - Tick the correct sentence:

- 1a She's thinking about buying a new cooker.
- 2b I can hear strange noises in the backyard, can't you?
- 3b This cake tastes so good!
- 4a Why is she smelling the fish?
- 5a She's being too stubborn! She insists that she did nothing wrong

- 6b Speak up! I can't hear you.
- 7b Look at my new coat! It feels so soft and warm!
- 8a Your daughter looks tired!
- 9a He knows what he has to do now.
- 10a I need help to finish my homework today.